

Sample Markdown

This is some basic, sample markdown.

Second Heading

- Unordered lists, and:
 1. One
 2. Two
 3. Three
- More

Blockquote

And **bold**, *italics*, and even *italics and later bold*. Even ~~striketrough~~. [A link](#) to somewhere.

Here is a table

Name	Lunch order	Spicy	Owes
Joan	saag paneer	medium	\$11
Sally	vindaloo	mild	\$14
Erin	lamb madras	HOT	\$5

Or inline code like `var foo = 'bar';`.

Or an image of bears



The end ...

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